



Frequencies for Your Life

# Healy® App

## MagHealy Program Overview



[www.healy.world](http://www.healy.world)

**Notice:**

"Quantum Analyzed Frequencies" ("QAF") is a proprietary technology of Healy World. It uses the data from a physical noise generator to assign a priority to frequencies that professional user experience indicates have the highest relevance for the user.

The duration, frequencies, intensity, frequency, naming, and the descriptions of the Quantum Analyzed Frequencies (QAF) programs are based on the practical experience experts and our understanding of the interaction of frequency modulated magnetic fields with the Bioenergetic Field. They have not been confirmed by independent studies.

The MagHealy Quantum Analyzed Frequencies (QAF) programs are designed to support wellbeing through harmonization of the Bioenergetic Field. We have conducted unblinded before/after surveys in controlled and randomized groups of participants. These surveys suggest that the participants' wellbeing was higher after the application. We attribute this to the harmonization of the Bioenergetic Field, which we refer to as the energy flow of life, traditionally also called chi (or qi) and prana. This has not been confirmed by independent studies.

The magnetic field programs of the MagHealy device are not medical applications. They are not intended to cure, treat, mitigate, diagnose, or prevent any disease or medical condition. The terms used in the programs do not constitute statements concerning their effects. The purpose of the programs is to provide the user with a tool to explore application options. MagHealy programs should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional. If you have or suspect you may have a medical condition, or if you are under the care of a healthcare practitioner, you should consult your practitioner before using MagHealy. Always use your MagHealy according to the Instructions for Use.

**Disclaimer:**

Science does not acknowledge the existence of the Information Field, its analysis, harmonization and other importance due to the lack of scientific evidence.

Individualized Microcurrent Frequency (IMF) programs of the Healy device, Quantum Potential Frequencies (QPF) of the Healy Coil and the magnetic field programs of the MagHealy device are not acknowledged by conventional medicine due to the lack of scientific evidence in the sense of conventional medicine.

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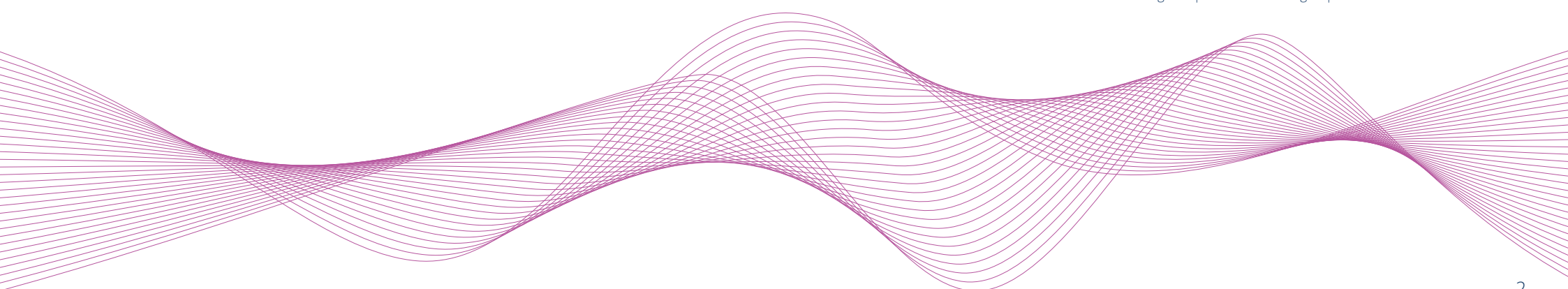
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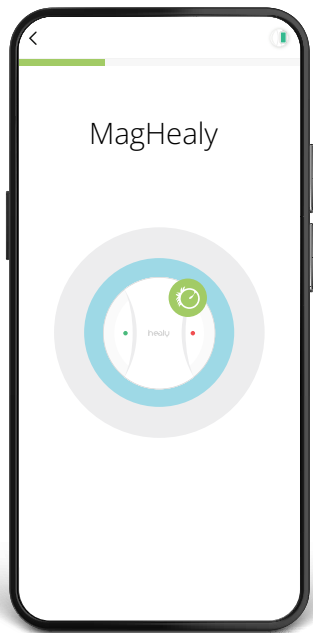
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# Classic Programs 1



## Cell Harmony

Harmonization of the Bioenergetic Field of the cells with resonance frequencies

Duration 36 min



## Regeneration

Regeneration of the Bioenergetic Field of Body, Mind and Spirit

Duration 36 min



## Vitality

Restoration of the vitality of the Bioenergetic Field

Duration 36 min



## Head Harmony

Harmonization of the Bioenergetic Field of the head

Duration 36 min



## Joints

Harmonization of the Bioenergetic Field of the joints

Duration 36 min



## Tiredness

Energization of the Bioenergetic Field in case of fatigue

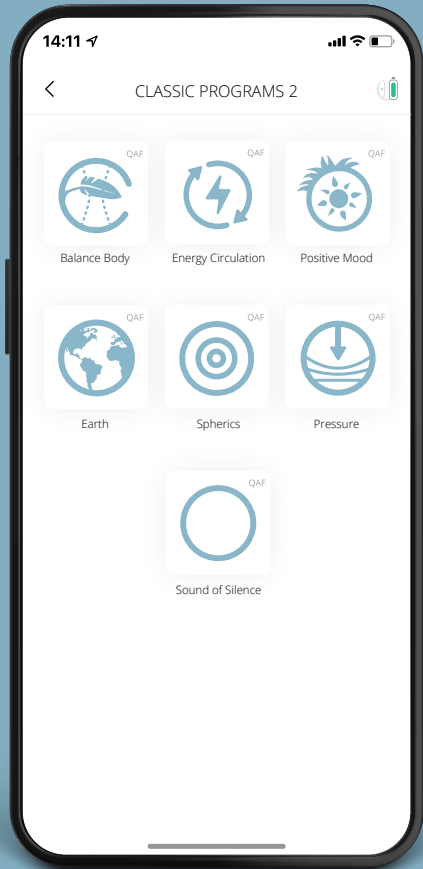
Duration 36 min



## Sleep

Harmonization of the Bioenergetic Field during sleep

Duration 36 min



# Classic Programs 2



## Balance Body

Harmonization of the Bioenergetic Field of the whole being

Duration 36 min



## Energy Circulation

Harmonization of the circulation of bioenergetic energies

Duration 36 min



## Positive Mood

Frequencies to harmonize your mood when you are out of emotional balance

Duration 36 min



## Earth

Connect yourself with the frequencies of Mother Earth

Duration 36 min



## Spherics

Harmonize yourself with the frequencies of the earth's atmosphere

Duration 30 min



## Pressure

Free yourself from external and internal pressure

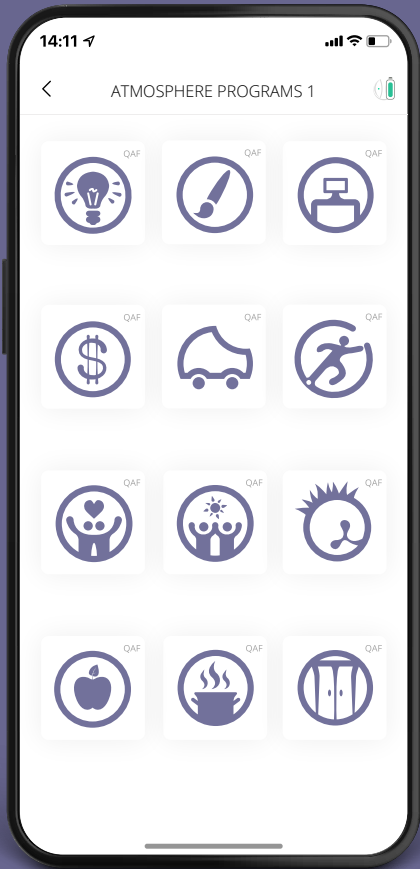
Duration 36 min



## Sound of Silence

Most suitable for people experiencing auditory disharmony

Duration 39 min



# Atmosphere Programs 1



## Study

Designed to generate an energetic space that promotes concentration and learning

Duration ∞



## Creativity

Supports the right environment for creative thoughts and ideas by harmonizing the energetic field

Duration ∞



## Office

Designed to create an optimal environment in your workspace that promotes performance, teamwork and focus

Duration ∞



## Prosperity

Energetic improvement of the space to create the right environment for financial and professional activities

Duration ∞



## Car

Optimizing the energetic field inside a car while driving

Duration ∞



## Workout

Harmonizing the surrounding space to create an energetic field for your workout

Duration ∞



## Family Harmony

Harmonization of the living space to support a positive energetic environment for the whole family

Duration ∞



## Children Playing

Harmonizing the surrounding space of children to optimize their energetic wellbeing during play

Duration ∞



## Eating

Creating a positive energetic field for nourishment

Duration ∞



## Food Cleansing

Harmonization of the energetic memory of the Bioenergetic Field of food

Duration ∞



## Kitchen

Creates an optimal atmosphere to promote a positive mindset and emotional state to prepare food with a high energy

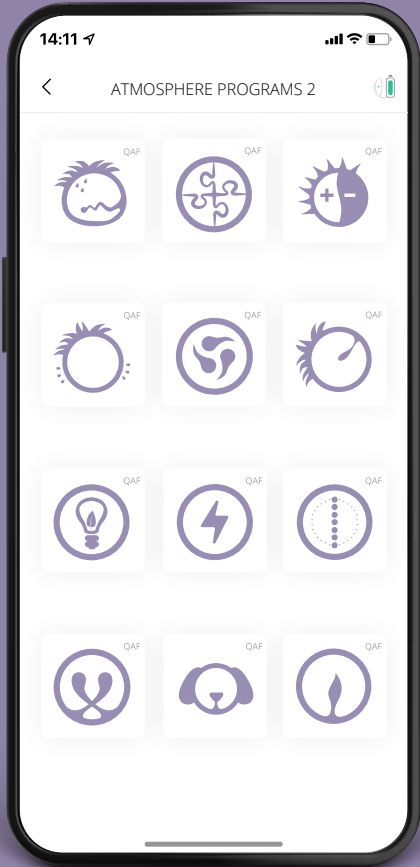
Duration ∞



## Pantry

Harmonizing space around your food to create a positive environment for storing

Duration ∞



# Atmosphere Programs 2



## Stress

Harmonization of inner expectations and outer reality through energetic balancing of the surrounding space

Duration ∞



## Coherence

Promotion of the sense of holistic wellbeing by energetic coherence in the surrounding space

Duration ∞



## Energy

Creation of an energized space through energetic harmonization of the surrounding space

Duration ∞



## Relaxation

Energetic harmonization of the space to improve coping with daily input while practicing your chosen relaxation method

Duration ∞



## Holistic Health

Promotes a sense of unity and coherence of body, mind and soul, to support an all inclusive wellbeing and vitality

Duration ∞



## Sleep

Placed in the area where you sleep, harmonizes yin and yang to promote balance while you sleep

Duration ∞



## Electrosensitivity

Energetic harmonization of the space to balance electromagnetic disturbances

Duration ∞



## Energy Clearing

Harmonization of the energetic memory of the space to balance negative frequencies

Duration ∞



## Chakra Balancing

Harmonization of the space to balance the whole chakra system of your energetic body especially during meditation

Duration ∞



## Relationship

Carefully balancing the surrounding space to energetically favor loving relationships

Duration ∞



## Animal Harmony

Optimization of the space to support a positive energetic field for animal balance

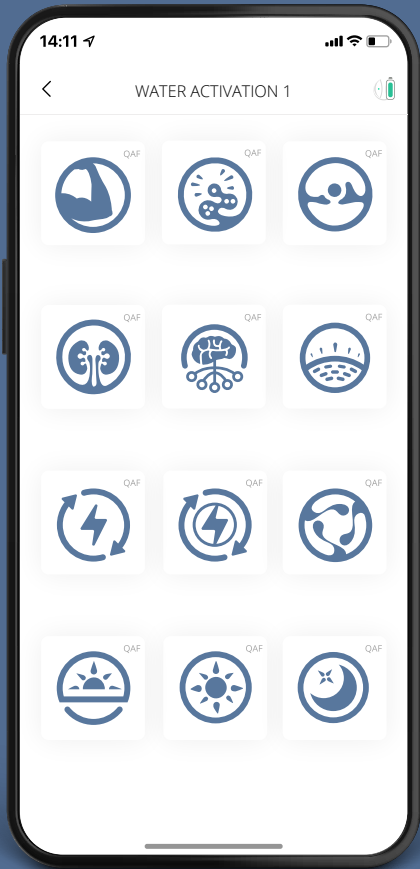
Duration ∞



## Plants

Balancing the space to promote an positive energetic growth environment

Duration ∞



# Water Activation 1



## Fitness

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the muscles

Duration 10 min



## Cell Harmony

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the cells

Duration 10 min



## Nutrition Transport

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for an optimal environment for nutrient transport

Duration 10 min



## Kidneys

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for water regulation

Duration 10 min



## Vagus Harmony

Modifying the coherent quantum structure of water to harmonize the natural coherence of water

Duration 10 min



## Skin Harmony

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the skin for optimized water distribution and transport. Bring your inner beauty to the outside supported through improved hydration

Duration 10 min



## Energy Circulation local

Modifying the coherent quantum structure of water to harmonize the local energy circulation of the Bioenergetic Field

Duration 10 min



## Energy Circulation systemic

Modifying the coherent quantum structure of water to harmonize the whole energy circulation of the Bioenergetic Field

Duration 10 min



## Bioenergetic Regeneration

Modifying the coherent quantum structure of water to harmonize the rebalancing and regeneration of the Bioenergetic Field

Duration 10 min



## Fasting Morning

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during morning fasting

Duration 10 min



## Fasting Noon

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during midday fasting

Duration 10 min

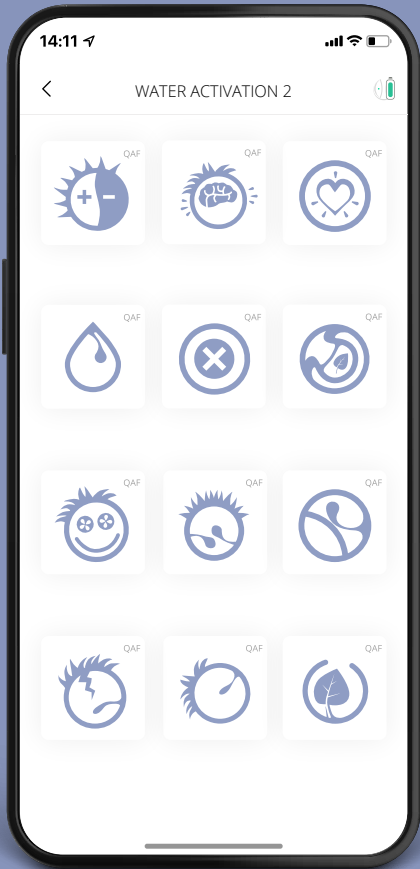


## Fasting Evening

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field during evening fasting

Duration 10 min





# Water Activation 2



## Energy

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of the mitochondria

Duration 10 min



## Mental Clarity

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for optimized clarity

Duration 10 min



## Heart Opening

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for openness towards social relationships

Duration 10 min



## Water Coherence

Modifying the coherent quantum structure of water to harmonize the natural coherence of water

Duration 10 min



## Purification negative Info

Modifying the coherent quantum structure of water to harmonize and purify its information

Duration 10 min



## Bioenergetic Detox

Modifying the coherent quantum structure of water to promote the cleansing of the Bioenergetic Field

Duration 10 min



## Before Stress

Modifying the coherent quantum structure of water to harmonize and prepare the Bioenergetic Field for psychological stress

Duration 10 min



## After Stress

Modifying the coherent quantum structure of water to harmonize and balance the Bioenergetic Field after stressful events

Duration 10 min



## Bioenergetic Defense

Modifying the coherent quantum structure of water to harmonize and strengthen the Bioenergetic Field

Duration 10 min



## Unpleasant Sensations

Modifying the coherent quantum structure of water to harmonize sensations in the Bioenergetic Field and balance mood

Duration 10 min



## Sleep

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field for peaceful sleep. The ideal time is before 6 o'clock in the evening

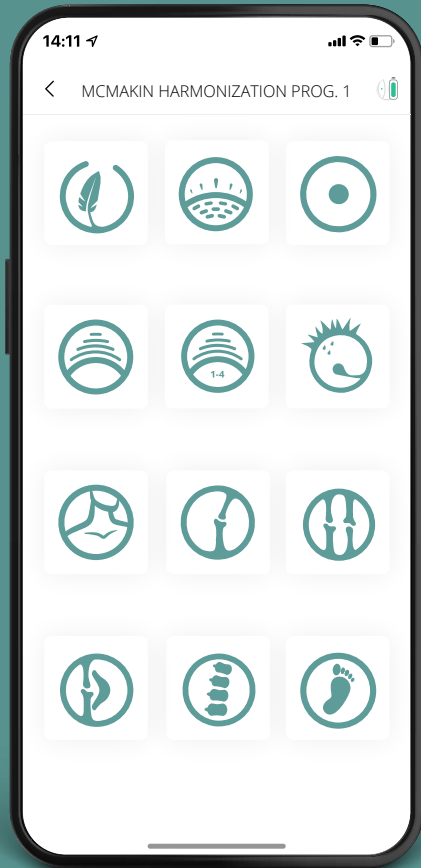
Duration 10 min



## Plants

Modifying the coherent quantum structure of water to harmonize the Bioenergetic Field of plants for improved water distribution and transport

Duration 10 min



# McMakin Harmonization Programs 1



## Body Comfort

Harmonization of the Bioenergetic Field of the spinal cord

Duration 63 min



## Skin Harmony

Harmonization of the Bioenergetic Field of the skin for energetic regeneration

Duration 39 min



## Prostate Harmony

Harmonization of the Bioenergetic Field of the prostate

Duration 44 min



## Soft Tissue

Harmonization of the Bioenergetic Field of soft tissue for regeneration

Duration 63 min



## Soft Tissue wk 1-4

Harmonization of the Bioenergetic Field of soft tissue for regeneration. Recommended in week 1-4 after bioenergetic event

Duration 49 min



## After Exercise

Harmonization of the Bioenergetic Field of the muscles. Recommended within 20 minutes after exercise

Duration 30 min



## Neck Harmony

Harmonization of the Bioenergetic Field of the musculoskeletal system

Duration 43 min



## Joint

Harmonization of the Bioenergetic Field of the musculoskeletal system

Duration 53 min



## Joint Balance

Harmonization of the Bioenergetic Field of the joint for regeneration

Duration 76 min



## Tendon Harmony

Harmonization of the Bioenergetic Field of the tendon for regeneration

Duration 60 min



## Lower Back Harmony

Harmonization of the Bioenergetic Field of the musculoskeletal system

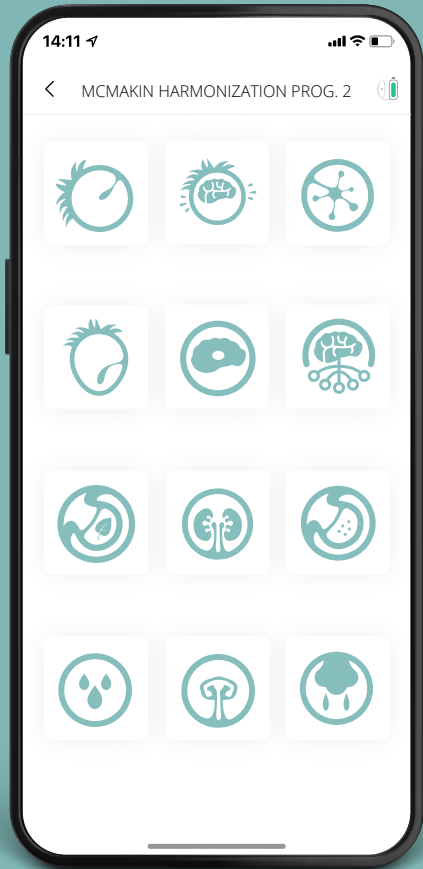
Duration 48 min



## Foot Harmony

Harmonization of the Bioenergetic Field of the soft tissue

Duration 43 min



# McMakin Harmonization Programs 2



## Sleep

Harmonization of negative influences on sleep quality

Duration 35 min



## Brain Harmony

For harmonizing consciousness, strengthening the sense of coherence and harmonizing bioenergetic traumas

Duration 29 min



## Nerves Harmony

Harmonization of the Bioenergetic Field for soothing

Duration 54 min



## Emotions

Harmonization of the Bioenergetic Field to balance emotions in case of stress

Duration 30 min



## Thalamus Harmony

Harmonization of the Bioenergetic Field of the thalamus to balance sensitization

Duration 56 min



## Vagus Harmony

Harmonization of the Bioenergetic Field to support energetic relaxation and regeneration

Duration 43 min



## Detox

Harmonization of the Bioenergetic Field of the liver

Duration 37 min



## Kidney Harmony

Harmonization of the Bioenergetic Field of the kidney

Duration 92 min



## Digestion Harmony

Energetic harmonization of metabolic activity of the Bioenergetic Field of the digestive system

Duration 59 min



## Women Care

Harmonization of the Bioenergetic Field for women

Duration 29 min



## Ovary Harmony

Harmonization of energetic interferences in the Bioenergetic Field of the ovary

Duration 35 min

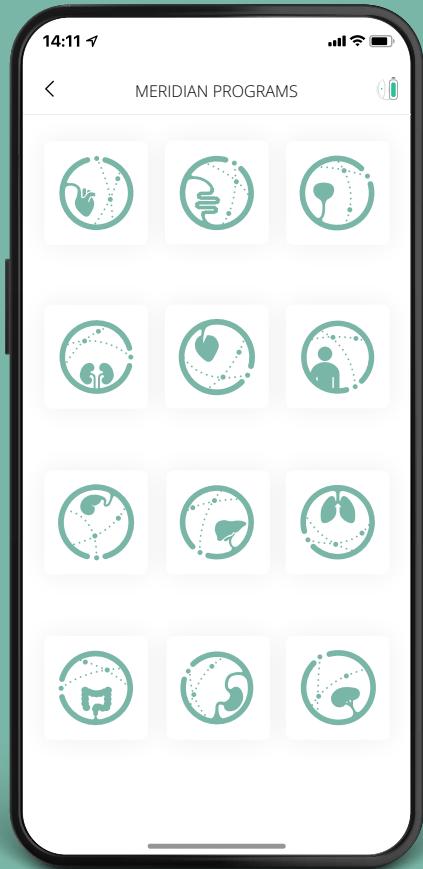


## Sinuses Harmony

Harmonization of the Bioenergetic Field of the sinuses to balance energetic disturbances

Duration 38 min

# Meridian Programs



## Heart

Harmonization of the Bioenergetic Field of the heart meridian

Duration 41 min



## Small Intestine

Harmonization of the Bioenergetic Field of the small intestine meridian

Duration 41 min



## Bladder

Harmonization of the Bioenergetic Field of the bladder meridian

Duration 41 min



## Kidney

Harmonization of the Bioenergetic Field of the kidney meridian

Duration 41 min



## Pericardium

Harmonization of the Bioenergetic Field of the pericardium meridian

Duration 41 min



## Triple Heater

Harmonization of the Bioenergetic Field of the triple heater meridian

Duration 41 min



## Gallbladder

Harmonization of the Bioenergetic Field of the gallbladder meridian

Duration 41 min



## Liver

Harmonization of the Bioenergetic Field of the liver meridian

Duration 41 min



## Lung

Harmonization of the Bioenergetic Field of the lung meridian

Duration 41 min



## Large Intestine

Harmonization of the Bioenergetic Field of the large intestine meridian

Duration 41 min



## Stomach

Harmonization of the Bioenergetic Field of the stomach meridian

Duration 41 min



## Spleen - Pancreas

Harmonization of the Bioenergetic Field of the spleen-pancreas meridian

Duration 41 min



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